



# Saint Mark

*St. Mark's strives to be a community of healing, fellowship and inspiration, sharing love with joy in Jesus Christ and challenging all to life anew.*

February 2003

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## Catechumenate: Preparation for Confirmation

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Confirmation is the rite where we express our faith and commitment to Christ, and through prayer and the laying on of hands by the Bishop, receive strength from the Holy Spirit to continue a life of faith and commitment. Confirmation preparation consists of a period of study and the reaffirmation of baptismal vows.

For information on confirmation, please call Becky Blieden in the parish office.

## Joint Catechumenal Process

Seven years ago a joint catechumenal process was successfully initiated here in the Louisville area. Centered at Christ Church Cathedral, the program has enabled almost 204 individuals from seven parishes to engage and support each other as they have traveled their spiritual paths leading to baptism, confirmation, reception, and reaffirmation. The program has also provided time with Bishop Gulick and has allowed the catechumens the opportunity to study and pray with clergy and lay leaders from participating parishes.

The kick-off dinner for this year's process will be Sunday evening, February 2, from 6:00-8:00 p.m. This dinner is for catechumens and their guest, clergy and facilitators from the participating parishes.

This year the joint catechumenal process will be held on Wednesday evenings from 6:30-8:30 p.m. These Wednesday evening sessions will begin on February 5 and run through April 9, with the exception of Ash Wednesday, March 5. In addition, there will be a breakfast for the catechumens with preparation for Holy Week and the Easter Vigil on Saturday, April 12, from 9:00-10:30 a.m. The process culminates with the rites of baptism, confirmation, reception and reaffirmation of baptismal vows at the Easter Vigil, Saturday, April 19, at 8:30 p.m.

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## Worship Schedule

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### Sundays

Holy Eucharist 8:00 AM  
and 10:00 AM

Church School 11:00 am

### Weekdays

Morning Prayer  
Monday-Friday 9:00 AM

Healing Service  
Tuesday 10:00 AM

Reconciliation  
and other Sacraments

by Appointment with the Clergy

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## Highlights

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Confirmation

Community Outreach

Christian Education Events

CPR

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## Schedule

Sunday, February 2	6:00-8:00 p.m.
Catechumenate Kick-Off Dinner	
Wednesday, February 5	6:30-8:30 p.m.
The Episcopal/Anglican Tradition	
Wednesday, February 12	6:30-8:30 p.m.
Theological Roots	
Wednesday, February 19	6:30-8:30 p.m.
Introduction to the Bible I: Themes of the Story	
Wednesday, February 26	6:30-8:30 p.m.
Introduction to the Bible II: Development of Bible	
Wednesday, March 5	Ash Wednesday
Wednesday, March 12	6:30-8:30 p.m.
Prayer and Devotion	
Wednesday, March 19	6:30-8:30 p.m.
The Creeds	
Wednesday, March 26	6:30-8:30 p.m.
Discovering Jesus - Led by Bishop Gulick	
Wednesday, April 2	6:30-8:30 p.m.
Ask the Bishop - Led by Bishop Gulick	
Wednesday, April 9	6:30-8:30 p.m.
Treasures of the Prayer Book	
Saturday, April 12	9:00-10:30 a.m.
Breakfast/Holy Week and Easter Vigil Preparation	
Saturday, April 19	8:30 p.m.
Easter Vigil at the Cathedral	

Please contact the parish office as soon as possible if you are interested in attending these sessions.

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## Christian Education

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### Godly Play Open House Sunday, February 23

The Preschool and Kindergarten through Second Grade teachers and students cordially invite all interested parents, siblings and parishioners to experience Godly Play with us on Sunday, February 23, following the 10:00 a.m. worship service.

You can find us in the two classrooms at the top of the front steps. You will join us in our story circle, watch us as we respond through art and enjoy a feast

before dismissal. Dress comfortably because we work and learn on the floor. Come find out what all the excitement is about!!!

### Rite 13, Journey to Adulthood And Young Adults in Church Workshop - Friday, March 21, and Friday, March 22

St. Mark's is thrilled to announce that we are hosting a workshop on Rite 13, J2A and YAC on Friday, March 21, and Saturday, March 22. Gregg Morris from Leader Resources in Pittsburgh will lead us in this exciting day-and-a-half workshop.

This workshop is aimed at educating teachers, new and old, to the curriculum, involving interested parishioners and parents whose children are involved in Rite 13, and soon J2A, and bringing together congregations in the Diocese that would like information about or training in the J2A program.

The workshop will be held in the Dreher Room and will consist of an overview afternoon session on Friday, dinner for parents and students, and a full day session on Saturday.

Our current teachers and any interested parishioners will benefit from the strength and wealth of knowledge from someone with years of experience. Mr. Morris can guide us through our current experiences and answer questions on specific levels. We look forward to comparing and discussing the program with other congregations as well.

We are so fortunate to be able to offer this educational workshop and hope that anyone interested will join us. For more information, please contact Becky Blieden in the church office, 895-2429. Look for updates in the bulletins and March *St. Marker*.

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## Annual Meeting

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David Crone, Barbara Kramer, David MacCool and Jimmy Stewart were elected at the Annual Meeting on Sunday, January 19, to serve three-year terms on St. Mark's Vestry. On Sunday, February 2, at 9:00 a.m. the Vestry met to elect the Senior Warden, Junior Warden and Clerk.

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The Vestry and the newly elected Wardens were installed at the 10:00 a.m. service on Sunday, February 2. Your Vestry members are Paul Gill, David Pearson, Debbie Glenn, Phil Scherer, Dorothy Durning, Ellen Eirk, Rob Gregor, Dean Rice, David Crone, Barbara Kramer, David MacCool and Jimmy Stewart.

To the outgoing Vestry members, June Richards, John McBride, William Carrell II and Ann Davis, we at St. Mark's extend our deepest thanks for your time given and your devotion to St. Mark's.

The Annual Meeting included reports by the Rector, by the treasurer of all money handled, by the Vestry concerning financial condition, and on behalf of appropriate parochial organizations of work done and contemplated.

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## Candlemas

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The feast of Candlemas is observed on February 2. The name comes from the tradition of blessing candles at this feast and carrying them in procession; extensive use of candles in the procession and to light the church is still characteristic of the ceremonial for this day.

Candlemas is sometimes known as the *Purification of Saint Mary the Virgin*, sometimes as *The Presentation of Our Lord*. In the Eastern Church it has been called the *Meeting of Christ with Simeon*. Such a variety of names is sufficient testimony to the wealth of spiritual meaning that generations of Christians have discovered in this small incident. The title, "The Presentation," reminds us of the Jewish law (Exodus 13:2; 22:19) that every firstborn son had to be dedicated to God in memory of the Israelites' deliverance from Egypt, when the firstborn sons of the Egyptians died and those of Israel were spared. When Mary placed her small son into the arms of Simeon, it was the meeting of Old and New Dispensations. The old sacrifices, the burnt offerings and oblations, were done away; a new and perfect offering had come into the temple. God had provided himself a lamb for the burnt-offering (Genesis 22:8), his only Son. The offering was to be made once for all on the cross. At every Eucharist those who are in Christ recall that sinless offering and unite "themselves, their souls and bodies" with the self-oblation of their Lord and Savior.

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## Diocesan Convention

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The 175th Annual Convention of the Diocese of Kentucky will meet at Christ Church Cathedral on February 28-March 1, 2003. The lay delegates from St. Mark's are June Richards and Shirley Elmore. One youth representative and two alternates will also represent St. Mark's. The convention will begin on Friday evening with a festive Eucharist, welcoming Bishop Gulick back from his sabbatical.

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## CPR

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**CPR**...it could save a life! St. Mark's will be offering a CPR class on Saturday, February 8, from 1:00 p.m. to 4:00 p.m. at the church. The class will be led by a local certified instructor, Mr. Pat Kuster. Certification as well as re-certification will be offered. The cost is \$25.00 per participant, and payment can be made by cash or a check payable to "Pat Kuster". For planning purposes, interested persons are asked to sign up on the sheet in the Information Center. Don't miss this special opportunity.

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## Wanted: A Photographer

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St. Mark's is in need of a volunteer who would be willing to serve as parish photographer for our special events. Film and processing will be provided. If photography is an interest of yours and you'd like to support the parish in this way, please contact the church office.

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## Thank You

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### Lincoln Elementary

The following is a letter received from Frances Handy Royster, Coordinator, Lincoln Elementary School Family Resource Center:

"Dear Lincoln Elementary Supporter:

As I looked into the eyes of our children, I saw the excitement and joy that only 'Santa' can bring. I also know that without your sacrifice and generosity many of our kids would have been disappointed and sad on Christmas. I know the sacrifice that was made, there were a thousand things you could have done but you

invested in a child, a Lincoln child.

"Our job everyday and especially at Christmas is preserving our children's innocence and their child-like wonder and faith in a world that is not always kind. Our children are blessed to have such supportive neighbors and friends who love them and are committed to their welfare.

"Thank you seems so inadequate a word so I will say sleep well tonight for your efforts are great and greatly appreciated. On behalf of the children and families we serve, we wish each of you a Happy, Healthy and Prosperous New Year. Thanks for all you do. God Bless You and Yours!!"

## Outreach

Once again St. Markers have gone over the top!

The Angel Tree gifts to children at Lincoln Elementary School on Main Street filled a car and station wagon to the brim. Thirty-seven delighted children, including our Sudan Boys, were the recipients of your generosity. The Mitten Tree was a colorful addition to our holiday decorations in the Information Center as St. Markers filled it with warm hats, mittens, gloves and scarves. These were taken to Chenoweth School in mid-January for those in need.

The 15 food boxes filled at the St. Nicholas gathering went to United Crescent Hill Ministries. Again St. Markers were most generous. Many thanks especially to Penny Pearson, Susan Gray and Scottye Ghent (who did the grocery shopping) and to those whose donations made the gift boxes possible.

- June Richards

## Staff

St. Mark's staff would like to thank all who remembered them at Christmas. Your thoughtfulness was greatly appreciated.

- Charles, Barbara, Pat, Gwen, Becky, Jan, Willie and Mark

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## Is Your Will Up to Date?

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Do you have a will to ensure that your wishes will be

followed after you are gone? That means not only taking care of your family but your church as well.

You might begin by asking yourself some questions:

1. Is my will up to date? This is an important question because many people have a will tucked away someplace, one that is so outdated it may be practically worthless. In some situations, an outdated will can cause more problems than not having one at all. Updating your will is not a costly or time-consuming process, and it will allow you to take advantage of the recent tax developments as well as the new techniques in estate planning.
2. Does my will represent my wishes? Your family situation may have changed over the years so that you no longer have dependents at home. Perhaps your estate has grown beyond your earlier estimates. Maybe you have changed your mind about some of your bequests. The more time that passes and the more changes that occur in your life, the more you should consider bringing your will up to date.
3. Is my will valid? Have you moved to a different state since creating your last will? The laws may differ and your old will might be invalid. Or maybe you prepared your own will and missed something of vital importance, like proper signatures or a notary seal.
4. Is my will safely stored? Where do you keep your original copy of your will? Is it safely tucked away in a fireproof home safe? (Who has the combination?) Or is it in a shoebox under the bed? This precious document, which is your last words to those you love, should be safely stored in a bank safe deposit box, with your attorney, or with your personal representative.
5. Does my representative know? After selecting a safe place to store your will, tell your personal representative, the person who used to be called your executor, where it is located. Besides informing this person of the location of your will, it is a good idea to let them know about funeral instructions and any other last wishes that you might have.
6. There is a sixth question that you might consider: Have I included my parish in my estate plan? Your church can accomplish so much with a gift

from you in your will. As your parish home, they have nurtured you, fed you, and been a community of believers for you. Are they not worthy of being carried forward so that the next generation can also benefit?

Whenever you receive a mailing about planned giving from your college, university, fraternity, sorority or a secular charity, remember that your parish can use the same types of gifts.

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## Join the Choir: Be Healthy

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Choir singing might just make you healthier, according to a newly publicized study by the University of California at Irvine. Researchers found increased levels of disease fighting proteins in the mouths of choir members after they sang.

According to the study, a protein used by the immune system to fight disease called Immunoglobulin "A" increased 150 percent during rehearsals and 240 percent during performance. The boost seemed directly related to the singer's state of mind, which many participants described as happy or euphoric. "The more passionate you feel while singing, the greater the effect," said Prof. Robert Beck, author of the study.

Cotton swabs were used to collect saliva, which contains the immune protein, and scientists also surveyed the singers' feelings and emotions to see if their immune response was linked to how performing changed their moods.

Other studies found that both music and going to church increased it. So...wherever you are...SING.

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## Invitation

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Marcia Harlow and Stacy Grimm invite the parish to Just Give Me Jesus, a time of refreshing for women (though men who like the idea of being surrounded by women are welcome, too). This is a night and day that will change your life. And it is coming to Rupp Arena in Lexington on April 25 and 26. Main speaker, Anne Graham Lotz, will inspire and lead participants to a closer relationship with our Lord. Brochures are available in the Information Center, but registration is not required. You may also visit

Jesuslexky@aol.com or [www.AnneGrahamLotz.com](http://www.AnneGrahamLotz.com) or call the Lexington office at (859) 278-2552.

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## Shrove Tuesday

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Shrove Tuesday is the day immediately before Ash Wednesday, named for the "shriving," or confessions and absolutions, performed traditionally on that day. It is also known as Mardi Gras, or "Fat Tuesday," for those who prepare for Lent by making sure they have sins of which to repent.

Make plans now for St. Mark's Annual Shrove Tuesday Pancake Supper on Tuesday, March 4, at 6:00 p.m. Your Vestry will be doing the cooking under the supervision of Liz Crone. Come and enjoy bacon, sausage and pancakes with all the toppings. The cost is \$3.00 for adults and \$1.50 for children. A sign-up sheet is in the Information Center.

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## Ash Wednesday

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Ash Wednesday is the day on the liturgical calendar forty-six days, or forty days other than Sundays, before Easter and marks the beginning of Lent. Ash Wednesday follows Mardi Gras, "Fat Tuesday," or Shrove Tuesday. The name Ash Wednesday derives from the traditional rite of that day in which the celebrant makes the sign of the cross on the foreheads of worshippers, using ashes made from palm leaves left over from the preceding Palm Sunday celebration.

This year we will conduct Ash Wednesday services at 12:00 noon and 6:30 pm on March 5.

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## Lent

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Lent is the season of the church year that runs for forty weekdays and six Sundays between Ash Wednesday and Easter and is a special season of preparation for Easter. The liturgical colors are purple or the natural color of unbleached linen. The penitential tone of the season is reflected in the prohibition of the singing of the Gloria in Excelsis during Lent. Many people observe Lent by undertaking special programs of study; many practice self-denial. The purpose of Lent is not self-punishment but preparation for Easter through concentration on fundamental values and priorities.

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# Parish Life

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## Birthdays

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Jordan Stewart	February 1
David Boone	February 2
Sara Marvin	February 2
Brooks Hower	February 4
Walter Wood	February 5
Tim O'Dea, Jr.	February 6
Mary Jane Gossmann	February 7
Herbert Miller	February 8
Jacob Blieden	February 9
Brent Carlton	February 10
Parker Walthall	February 12
Mary Rondi	February 14
Marjorie Vogt	February 14
Alice Taveirne	February 14
Mary Eitel	February 15
Richard Murphy	February 15
Jim Speed	February 16
Dorothy Durning	February 16
Bob Shober	February 18
Ron Mack	February 25
Doris Hinnant	February 26
Cyrus Radford	February 27

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## Anniversaries

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Jim and Alice Taveirne	February 6
C.J. and Caroline Cronan III	February 23

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## Prayers for Healing

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Prayers are offered for a portion of the following list at each service on Sunday and the entire list at the Healing Eucharist on Tuesdays.

Connie Wells, Virginia Peterson, Deroy Scott, Katherine Covell, Betty Potts, James Altieri, Thom Holmes, Dennis Carlton, Kennedy Helm, Marjorie Carter, Ed Shannon, Lettie Shawler, Richard Gibson, Steve Howard, Jim Speed, Margaret Dick, Betty Collins, Ann Lamberton, Gordon

Caldwell, Perry Collins, Susan Fox, Cleveland Fraser, Judy Semonin, Jane Wilson, Mary Deetsa, Bob Scherer, Joan Bickel, Mason Bennett, The Babcock Family, Janice Wood, Nina Radford, Vera Wallace, Marian Calvert, Dorothy Leason, Hallie Wilson, Henry Bickel, Nancy Carlisle, Dick Day, Julie Jordan, Richard Dame, Lillian Yeager, Opal Cook, Sally Dupree

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## Parish Register

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### Marriages

Troy McCullum  
and  
Katherine Meredith  
December 27, 2002

### Transfers In

Kenneth Harvey  
Mary Ann Harvey  
David Harvey  
Matthew Harvey  
(St. James, Pewee Valley)

### Transfers Out

Laura Ward Elder  
(Grace Episcopal, Chattanooga, TN)

### Baptisms

Lorenzo Miguel Mahoney  
January 12, 2003

Katherine Anne Frazee  
January 12, 2003

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# Parish Prayer List

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◆  
Anglican Cycle of Prayer

February 2 - Province of the Indian Ocean

February 9 - Church of the Province of Burundi

February 16 - Province of Hong Kong Sheng Kung Hui

February 23 - Church of the Province of Central Africa

Diocesan Cycle of Prayer

St. John's, Murray

Parish Partners

St. Frances of Rome, Our Covenant Parish

The congregations of Crescent Hill United Ministries, especially  
Beargrass Baptist Church

## Parish Cycle of Prayer

### Week of February 2

◆  
Sam Hodges  
Bryan Hudson  
Julie Hudson  
Drew Jagers  
Debbie Jagers

### Week of February 9

◆  
Chase Johnson  
Heather Johnson  
Teri Johnson  
Harrison Jones  
Julia Jones

### Week of February 16

◆  
Houston Jones  
Sarah Jones  
Billie T. Jordan  
Frank Keller  
Frances King

### Week of February 23

◆  
Stewart Joy  
Ellen Joy  
Malcolm Kelly  
Bill Kelly  
Shane Koch

## Prayer for Mission

O God, you have made of one blood all the peoples of the earth,  
and sent your blessed Son to preach peace to those who are far  
off and to those who are near: Grant that people everywhere may  
seek after you and find you; bring the nations into your fold;  
pour out your Spirit upon all flesh; and hasten the coming  
of your kingdom; through Jesus Christ our Lord.

At Morning Prayer each weekday, we pray for the Church around the world including members of our parish. If you are unable to join us for Morning Prayer, please remember those listed above in your personal devotions this month.

St. Mark's Episcopal Church  
2822 Frankfort Avenue  
Louisville, Kentucky 40206  
Phone: 502.895.2429  
Fax: 502.895.8504  
Email: [sntmark@bellsouth.net](mailto:sntmark@bellsouth.net)  
Website: [www.stmarksepiscopalky.org](http://www.stmarksepiscopalky.org)



Staff  
Charles Hawkins, Rector  
Mark Feather, Curate  
Barbara Rich, Parish Secretary  
Gwen O'Dea, Pastoral Care  
and Evangelism Assistant  
Becky Blieden, Director of Education  
Pat Elliott, Financial Secretary  
Jan Ward, Choirmaster/Organist  
Willie Bibbs, Sexton

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*Altar Flowers and Candles  
are given to the  
Honor and Glory of God...*

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## February

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February 2 by Mr. and Mrs. Tom Tate in loving memory of their parents, William and Maria Tate and Papscott and Virginia Omohundro; and their aunts, Charlotte Olmstead and Frances Zaal.

February 9 by Debra Rollins in loving memory of her mother, Barbara H. Rollins; her grandmother, Adeline E. Hibbitt; her aunt, Mabel Rollins; her grandparents, Mr. and Mrs. W. E. Rollins; and a dear friend, Bobby Sohm.

February 16 by Alice Covell and Michael and Monica Mahoney in loving memory of William Ray Haynes.

February 23 by Robert Shober in loving memory of his mother and father, Dorothy and William Shober.

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## Candles

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The Eucharistic Candles for February by Mr. and Mrs. Tim O'Dea in loving memory of their parents, Jean Short Micou and Mary Catherine O'Dea and William C. O'Dea, Sr.

The Five Branch Candles for February by Betty Sherrill in gratitude for her children, grandchildren and great-grandchildren.