



Saint Marker

St. Mark's strives to be a community of healing, fellowship and inspiration, sharing love with joy in Jesus Christ and challenging all to life anew.

February 2007

Lent at St. Mark's

Shrove Tuesday

Shrove Tuesday is the day immediately before Ash Wednesday, named for the "shriving," or confessions and absolutions, performed traditionally on that day. It is also known as Mardi Gras, or "Fat Tuesday," for those who prepare for Lent by making sure they have sins of which to repent.

Make plans now to attend St. Mark's Annual Shrove Tuesday Pancake Supper on Tuesday, February 20, at 6:00 p.m. Your Vestry and the Fellowship Committee will be doing the cooking. The menu includes bacon, sausage and pancakes. Cost is \$3.50 per adult and \$1.50 per child 10 years and under. Please sign up in the Information Center if you plan to attend.

Ash Wednesday

Ash Wednesday is the day on the liturgical calendar forty-six days, or forty days other than Sundays, before Easter and marks the beginning of Lent. Ash Wednesday follows Mardi Gras, "Fat Tuesday," or Shrove Tuesday. The name Ash Wednesday derives from the traditional rite of that day in which the celebrant makes the sign of the cross on the foreheads of worshipers, using ashes made from palm leaves left over from the preceding Palm Sunday celebration.

This year we will conduct Ash Wednesday services at 12:00 noon and 6:30 pm on February 21.

Wednesday Evenings at St. Mark's during Lent

Many persons like to take upon themselves a new spiritual discipline during the season of Lent as a way of preparing for Easter. To that end, St. Mark's offers a special program on Wednesday evenings during Lent. The evening has three components: a simple shared meal, an educational opportunity, and a concluding time of worship

Worship Schedule

Saturdays

Holy Eucharist 5:30 pm

Sundays

Holy Eucharist
8:00 am and 10:00 am

Weekdays

Morning Prayer
Tuesday-Friday 9:00 am

Healing Service
Tuesday 10:00 am

Reconciliation and Other Sacraments

by Appointment with the Clergy

Highlights

Lent

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ECW News

Catechumenate Classes

S.O.S.

Senior Warden's Corner

Lenten Worship on Wednesday Evenings for 2007

Each of our Wednesday evenings together will conclude with the observance of the Stations of the Cross.

Lenten Education Series 2007

Lent is a time of preparation for the Great Feast of Easter. One way of preparing yourself for Easter is to take upon yourself a new spiritual discipline. One such discipline is an intentional study of some aspect of the faith. The "Lenten Education Series" is designed to facilitate such a study. This year's theme is "Prayer." Each Wednesday evening the Education for Ministry classes at St. Mark's will be educating the parish on some of the different ways people pray.

Simple Meal

Each Wednesday evening during Lent a simple meal will be served. Our evenings together begin with a shared meal. A choice from two soups, a salad and a beverage will be served (bring your own sandwich if you wish). Cost is \$4.00 per adult and \$2.00 for children under 10. Each week the supper will be coordinated by a different group from the parish.

Honor the Body

The Kentucky Council of Churches launched a campaign to address the obesity epidemic in the Commonwealth. The campaign is titled "Honor the Body." The campaign has two components: (1) a commitment by clergy to address obesity as a spiritual problem as well as a health problem; and (2) a commitment by clergy to model healthy choices to their congregations by pledging to get their personal "Body Mass Index" to 25 or less.

The first year of the campaign is completed. The Rector has lost 10% of his weight (down from 253 lbs. when he started). His BMI is not, however, yet below 25. Encourage him to keep it up. Life style changes are difficult.

Help! Help!

If you regularly use email, you can help the parish

reduce our postage expense by receiving some of the parish communications via email. We will use email in two ways: (1) In an effort to broadcast to the parish in a timely and effective manner, St. Mark's created email list to notify everyone on the list of an event (such as the death of a parishioner, cancellation of services, reminder of a special program) and (2) for those who prefer receiving meeting reminders, etc. via email such reminders will be sent to the email address of your choice.

A sign-up sheet will be in the information center. Should you have any questions, please contact Barbara Rich in the parish office. We do ask that you alert us to any changes in your e-mail addresses should they occur.

Diocesan Convention

The 179th Annual Convention of the Diocese of Kentucky will be held at meet at St. Luke's, Anchorage, on February 23 and 24. St. Mark's will send three deputies, three alternates and one youth deputy.

Are You Interested in...

Sharpening your knowledge of Anglican Church history? Curious about the medieval foundations of the intricacies of the English Reformation? Concerned about colonialism and the Anglican Communion? Unsure exactly how the American Episcopal Church was established?

Then come join the Catechumenate Class for five weeks in February and March as we explore Anglican Church history through videos and discussions. All are welcome to drop in and join us in the parlor during the Church School hour, for one Sunday or for the whole series.

February 4: Ancient and Medieval Foundations of Anglicanism

February 11: The English Reformation and its Consequences

February 18: Creating a Global Family

February 25: The Story of the Episcopal Church: From Jamestown to Revolution

March 4: The Story of the Episcopal Church: The Call to Mission

Vestry Bios

At the Annual Meeting on Sunday, January 28, four new Vestry members will be elected. Absentee ballots can be obtained in the office starting Sunday, January 14, and must be returned to the office in a sealed envelope by Friday, January 26.

The following are the biographies of those nominated to run for Vestry:

Alex Campbell

Alex has been a member of St. Mark's since 1983. He was baptized and confirmed at The Church of the Good Shepherd in Lexington. At St. Mark's, he has at various times been a vestry member, church school teacher, usher, money counter, etc.

He has served for 13 years (through June 2006) as a trustee and consulting trustee and in most years as an officer, executive committee member and/or committee chair of the Episcopal Church Home.

He has been a member of the Diocesan Committee on Canons for two years.

LaForrest, Alex Jr. and Peter have all been baptized and/or confirmed or received at St. Mark's.

Alex is an attorney in private practice in business matters with a large firm in Louisville. He graduated from Yale College and Yale Law School.

Beth Carlton

Beth Carlton is a 32-year-old cradle Episcopalian. She was born and raised in Louisville, KY, as an only child. During her childhood and into her married life, she attended St. Paul's Episcopal Church and then later transferred to St. Mark's Episcopal Church. Beth has been married to Brent Carlton for 10 years. They have two daughters, Shelby (8) and Emma (4).

Growing up in the Episcopal church, Beth was involved in many things. For several years she participated in handbells and youth choir at her church. She attended many of the DYC gatherings at All Saints. She was also selected as the youth representative for St. Paul's to the Diocesan Convention. She served as an acolyte for many years as well.

As an adult, Beth has continued to be involved in her church. While at St. Mark's she has served as a greeter, usher and intercessor. At times she has also served as a substitute teacher for Sunday school. This year she had the opportunity to assist with the directing of the Christmas Pageant. This was a fun experience for her and her children. St. Mark's has become a very special part of her family by providing spiritual growth for both her and her children.

Beth is also a school teacher at Dunn Elementary School where she currently teaches fifth grade. She serves as team leader and is the coordinator for the school's ESS program. She has taught for 10 years and absolutely loves it.

Carlile Crutcher

Carlile was born in Louisville and raised in St. Mark's where he sang in the choir and was an acolyte. He was graduated from Kenyon College and served in the U.S. Navy. Then for 30 years he worked with computers as a programmer, systems analyst and owner of a software company. He now is owner of Video Kitchen which he started with his wife of 38 years, Louise, and his daughter, Edith, who now manages the company for him.

He has been St. Mark's webmaster for three years. During the last few months he has been video taping many activities and parishioners at St. Mark's and is developing a DVD that can be given to prospective members of the church. He also serves as an intercessor, usher and money counter.

Fran Dick

Fran is a second-grade teacher at Kentucky Country Day School. She has four college-age children. At St. Mark's she has taught Vacation Bible School and Sunday School. She has also been an element bearer and delivers flowers to the homebound.

Shirley Elmore

Shirley is a life-long member of St. Mark's.

The following is a list of positions she has held in St. Mark's, the Diocese of Kentucky and various community boards:

Congregational Positions: Taught Church School many years; choir member; Episcopal Church Women member; Vestry member (three years) - Senior Warden 1996, Recording Secretary for Vestry (13 years); Endowment Committee (five terms); Scholarship Chairperson (four years); Stewardship Chairperson (seven years); Vacation Bible School Chairperson (three years); Lay Deputy to Diocesan Convention (11 times); Altar Guild Chairperson (three years and now a current member); Heritage Committee (four years); member of Busy Fingers Group.

Diocesan Positions: Chairperson - Agenda and Arrangement Committee (1992-1993); Diocesan Convention Chairperson (1993); member of Agenda and Arrangement Committee (1993-1994); member of Bishop Dudley Memorial Fund (1996, 1997, 1998); member of Resolutions Committee (two years); served on Trustees and Council (three years);

Current and Prior Service with Community Boards: Present of Women's Board at the Episcopal Church Home (two years) and while President was a member of the Board of Trustees of Episcopal Church Home; Membership Chair (eight years and currently co-chair Mail Delivery); Shawl Ministry Chairperson; and Church Representative for St. Mark's.

Bryan Hudson

Bryan Hudson and his wife, Julie, have been attending St. Mark's since 1997. Bryan is currently a member of St. Mark's Endowment Committee. He has served on the Stewardship Committee. Bryan has been a participant of Leadership St. Mark's and St. Mark's Disciples of Christ in Community Program.

Bryan is Senior Vice President, General Counsel and Secretary of Atria Senior Living Group, Inc. He has a B.A. degree in Economics from Vanderbilt University, a J.D. degree from University of Kentucky College of Law and a LL.M. degree in Taxation from Georgetown University Law Center.

Bryan and Julie are the proud parents of an 11-month old daughter, Clara.

Nate Lord

Nate attended Ballard School (now Chance School) through the 9th grade; attended Louisville Male High School in the 10th grade; and attended and graduated

from The Taft School, Watertown, CT, in 1948. He graduated from Harvard in 1952 with an A.B. He served as adjutant of 5th Communications Group of the Fifth Air Force in Korea with the rank of First Lieutenant from August 1952-August 1954.

He graduated from Virginia Law School with a J.D. in June 1957 and was admitted to the Kentucky Bar that year. He was an associate at Middleton, Seelbach, Wolford, Willis and Cochran and in 1962 served as law clerk to Hon. Roy M. Shelbourne, U.S. District Judge for the Western District of Kentucky.

In 1963 he was appointed Assistant Professor at the University of Louisville School of Law. He was promoted to Professor of Law in 1973. He was a visiting professor at Faculty of Law, Leeds University for the academic year 1984-85. After retiring from U of L, he taught short courses at Daito Bunko University in Tokyo, Japan, in the fall of 1997. In 1999 he taught at the University of Mainz, Mainz, Germany.

He and his wife Sondra were married in 1990. He has two children from a prior marriage. His hobbies include bicycling, traveling by train, reading non-fiction, and hunting with a pack of beagles.

Rose Rodgers

Rose has requested that her name be withdrawn from consideration.

Senior Warden's Corner

"All things come of thee, O Lord, and of thine own have we given thee." 1Chronicles 24:14

This is written during Advent season, but in many respects the current Vestry is in an ending rather than a beginning mode. It has been a pleasure to serve the Parish with these dedicated people.

At this date, two important items remain for this Vestry's action. One is the approval of the nominating committee's slate of candidates for 2007 Vestry elections and for Delegates and Alternates to the Diocesan Convention. The committee was pleased with the willingness of so many capable people to accept nomination. And the names and bios of those approved by the Vestry appear elsewhere in this newsletter. Elections will be held at the January Annual Parish Meeting.

The other is approval of the Budget Committee's proposed budget for 2007. Their job has been made somewhat easier this year by parishioner response to the Stewardship Campaign. At this date, pledge dollars are more than 13% above 2006. Of the 188 pledging units, nearly 50% (57) increased their pledge commitments. Some compromises will still be necessary, but it appears at this time that we can keep our Rector and Staff competitive salary-wise with their peers and also meet our commitment to the Diocese. Thanks to all who have pledged your support.

---Lyle Spalding

S.O.S.

The St. Mark's Choir needs you. For Lenten services, we are preparing Faure's **Requiem** with the choir of St. Andrew's Episcopal Church. Are you able and willing to give a short term commitment to our music ministry? If not, will you enlist as our congregational spy to listen for singers and invite them to sing with us? Contact any choir member with the results of your espionage.

ECW News

On Monday, February 5, ECW will be going to The Temple for the Annual Interfaith Coffee to be held at 9:30 a.m. This year's topic is "Jewish Traditions". Please sign up in the Information Center if you plan to attend.

On Sunday, February 11, ECW will hold its Annual Valentine Bake Sale following the 8:00 a.m. and 10:00 a.m. services. The proceeds from this sale will benefit the Episcopal Church Home Scholarship Fund. Anyone interested in baking items for this event may sign up in the Information Center. Items for the bake sale may be delivered to the church on Friday, February 9, or on Sunday, February 11, before church.

The March meeting will be held on Tuesday, March 13. The budget will be discussed and voted on. This will be a brown bag lunch; chili will be served.

Parish Life

Birthdays

Jordan Stewart	February 1
David Boone	February 2
Sara Marvin	February 2
Sarah Knight	February 2
Clara Hudson	February 3
Brooks Hower	February 4
Jackson Ousley	February 4
Walter Wood	February 5
Tim O'Dea, Jr.	February 6
Mary Jane Gossmann	February 7
Herb Miller	February 8
Jacob Blieden	February 9
Brent Carlton	February 10
Scott Park	February 10
Barbara Kramer	February 11
Parker Walthall	February 12
Mary Rondi	February 14
Marjorie Vogt	February 14
Alice Taveime	February 14
Piper Schad	February 15
Dani Baker	February 15
Dorothy Durning	February 16
Alison Tempero	February 17
Bob Shober	February 18
Debbie DeHoag	February 18
Dan Knight	February 22
Cheri Boden	February 25
Daniel Park	February 26
Cyrus Radford III	February 27
Molly Schad	February 28

Prayers for Healing

Prayers are offered for a portion of the following list at each service on Sunday and the entire list at the Healing Eucharist on Tuesdays:

Kathleen Harding, Anne, June Gibson, Tom Pardue, Jim Holtman, Joan Nelson, Kala, Sally Snyder, Alice Senn, Barbara Schwartz, Eleanor Bosen, Mary Prine, Danny Bukwa, Courtney Pearson, Bernie Sams, Jack Kramer, Patty Sorrell, Carol Royer, Tina Kingsbury, Dorothy McCaffrey, Bill Gossmann, Verna Rothenburger, Daniel, Sue Hazelip, Eric Elliott, Polly Wood, Kit Davis, Debbie Mattingly, Rob Auerbach, Marlene Will, Ann Stewart, Meme Smith, J.C. Leonard, David Clayton MacDonald, Lynn Lewis, Jim Leason, Bill Butler, Ethel Bradshaw, Jean Fairleigh, Pat Young, Tom Vogt, Rita Gildehaus, Virginia Wynn, Rob Hester, Stacy Harvey, Pat Jackson, Bradley, Ally, Janie Kall, Nancy Carlisle, Henry Bickel, Dick Day, Margaret Dick, Ann Lamberton, Perry Collins, Judy Semonin, Mary Deetsa, Joan Bickel, Vera Wallace

Parish Register

Transfer Out

Mary Farris Fieger
(to St. Luke's Chapel)

Anniversaries

Bob & Debbie DeHoag	February 1
Jim & Alice Taveime	February 6
C.J. & Caroline Cronan III	February 23

Parish Prayer List

Anglican Cycle of Prayer

February 4 - Pray for the Diocese of Marathwade (North India)
February 11 - Pray for the Diocese of Masindi-Kitara (Uganda)
February 18 - Pray for the Diocese of Mbaise (Prov. II, Nigeria)
February 25 - Pray for the Diocese of Mexico

Diocesan Cycle of Prayer

Trinity Church
Owensboro, KY

Parish Partners

St. Frances of Rome, Our Covenant Parish
The congregations of United Crescent Hill Ministries,
especially
Crescent Hill Presbyterian Church

Parish Cycle of Prayer

Week of February 4

◆
John Avery
Katie Russo-Avery
Richard Bailey
Leanne Bailey
Lucas Bailey

Week of February 11

◆
Beau Baker
Dani Baker
Norman Berry
Doris Berry
Andy Blieden

Week of February 8

◆
Henry Bickel
Joan Bickel
Cheri Boden
David Boone
Dana Boone

Week of February 25

◆
Lynn Boone
Robert Boone
Sam Bowling
Suzy Bowling
Barbara Boyce

Prayer for Mission

O God, you have made of one blood all the peoples of the earth,
and sent your blessed Son to preach peace to those who are far
off and to those who are near: Grant that people everywhere may
seek after you and find you; bring the nations into your fold;
pour out your Spirit upon all flesh; and hasten the coming
of your kingdom; through Jesus Christ our Lord.

At Morning Prayer each weekday, we pray for the Church around the world including members of our parish. If you are unable to join us for Morning Prayer, please remember those listed above in your personal devotions this month.

St. Mark's Episcopal Church

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Staff

Charles Hawkins, Rector

Delinda Buie, Deacon

Jan Ward, Choirmaster/Organist

Barbara Rich, Parish Secretary

Pat Elliott, Financial Secretary

Gwen O'Dea, Pastoral Care

and Evangelism

Marti Taber, Christian Education

David Horton, Sexton

Non-Profit Org.

US Postage

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Masonic Home, KY

Permit No. 51

Mailing Address

February Altar Flowers and Candles
are given to the
Honor and Glory of God...

Flowers

February 4 by Mr. and Mrs. Tom Tate in loving memory of their parents, William and Maria Tate and Tapscott and Virginia Omohundro, and their aunts, Charlotte Olmstead and Frances Zaal.

February 11 AVAILABLE

February 18 by Debra Rollins in loving memory of her mother, Barbara H. Rollins; her grandmother, Adeline E. Hibbitt; her aunt, Mabel Rollins; her grandparents, Mr. and Mrs. W. E. Rollins; and a dear friend, Bobby Sohm.

February 25 LENT

Candles

Eucharistic Candles by Gwen and Tim O'Dea in loving memory of their parents, Jean Short Micou, Mary Catherine O'Dea and William C. O'Dea, Sr.

Five Branch Candles by Betty Sherrill in loving memory of her parents, Jane and Robert Hirst, and her brothers, Robert Jr. and William Gardner Hirst.